

Learn To Skate Program

2011-2012 Group Lessons



Ask about our Special Discount

When you register for two or more semesters in advance

We have classes for everyone from beginner to advanced levels, adult and basic skills hockey skating. We also offer private and semi-private lessons. Stop by our office during public session hours to register.

Terms and Conditions

- All Applicants must pay tuition in **advance**
- All of our Snowplow Sam participants are **required** to wear helmets
- All Students must wear their nametags each week
- There will be a \$5 fee to replace nametags that are lost
- If fewer than three children are enrolled in a class it may be cancelled or combined with another class
- There will be a maximum of 10 students per class
- The Skating School at Iceland reserves the right to change or cancel the time or day of the class
- During the first two weeks of classes our professional staff will evaluate skaters based on age and ability
- Please note that a parents or guardians of all skaters under 18 must be present in the rink during class time. This is very important in the event a skater needs to leave the ice for any reason. Iceland is not responsible for childcare in their absence
- Only 1 make-up class per semester and no refunds after the 1st week of classes

**Skating School at
Iceland**

**3345 Hillside
New Hyde Park, NY 11040
Phone: 516-746-1100 (ext.6)
Fax: 516-742-8107
www.icelandli.com**

Skating School at Iceland

**Group/Private Lessons
available for ages 3-Adult**

Stop by our Skating School
office for more information



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**Like us on Facebook
"Skating School at Iceland"
"Iceland"**

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Class Levels

The Skating School at Iceland is a proud member Of US Figure Skating Basic Skills Program.

Ages 3-5 Snowplow Sam

Our Snowplow Sam program is designed for skater's age 3-5 years old with no previous instruction. It offers a FUN and interactive step by step program for children to learn skating safely and efficiently
Program Code-SPS 1-3

Ages 5-17 Basic 1-8

Our Basic skills program levels 1-8 offer students an introduction to basic skating movement and as they progress through the levels skaters are introduced to edge technique, turns, spins and jumps
Program Code- B1, B2, B3,...-> B8

Ages 18+ Adult Classes

Our Adult classes are geared for first time adult skaters or those "getting back in the game" We offer classes for adults who have never skated Adult level 1 to those who are a little more advanced Adult level 4. We will also be offering adult fitness laps classes and "coffee club" classes for the more casual adult skater. Please call up skate school for more information on these classes.

Freestyle/Specialty Classes

Our Freestyle/specialty classes are offered to those who have been through the 8 levels of basic Skills and wish to improve and expand their skating skill and knowledge. We will offer power skating, edge and turn classes and artistic classes

Basic Skills Hockey

These classes are an introduction of skating for hockey. No sticks or pucks will be used. The primary focus of this class is on skating skill

Class Schedule and Costs

- \$180.00 for a 8 week semester
 - Classes are a half hour in length, with a half hour of practice time
 - Skate rental is **not** included in fee, but you may purchase a discount card for skate rental for \$24 for the 8 week semester (otherwise \$4 per lesson)
 - We accept all major credit cards, cash or check
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We will be offering classes on the following days/dates

Monday Classes: 3:30PM-5:00PM

Semester 3- 1/30, 2/6, 2/13, 2/27, 3/5, 3/12, 3/19, 3/26

Semester 4- 4/2, 4/16, 4/23, 4/30, 5/7, 5/14, 5/21, break, 6/4

Thursday Classes: 5:00PM-6:00PM

Semester 3- 1/26, 2/2, 2/9, 2/16, winter break, 3/1, 3/8, 3/15, 3/22

Semester 4- 3/29, 4/5, spring break, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24

*On Thursdays we will be offering freestyle and specialty classes from 3:30PM-5:00PM
Inquire in office for more information

Friday Classes: 3:30PM-5:30PM

(Please note classes on Friday are given during our public session times and are limited to SPS groups and B1-B3 levels)

Semester 3- 1/27, 2/3, 2/10, 2/17, break, 3/2, 3/9, 3/16, 3/23

Semester 4- 3/30, break, 4/13, 4/20, 4/27, 5/4, 5/11, 5/18, 6/1

Saturday Classes: 10:50AM-11:50AM

Semester 3- 2/4, 2/11, 2/18, breaks, 3/3, 3/10, 3/17, 3/24, 3/31

*******Semester 4*******

TIME CHANGE 12:00-1:00pm

4/14, 4/21, 4/28, 5/5, 5/12, 5/19, break, 6/2, 6/9

Sunday Classes: 10:20AM-11:20AM

Semester 3- 2/5, 2/12, 2/19, breaks, 3/4, 3/11, 3/18, 3/25, 4/1

Semester 4- 4/15, 4/22, 4/29, 5/6, 5/13, 5/20, break, 6/3, 6/10

Inquire in our skate school office about our tall/small classes and our adult classes. We will be offering these classes on Monday afternoons from 12:00-1:00PM and Friday afternoons from 12:45-1:45PM

A few helpful hints/tips for successful group lessons

- Please layer warm comfortable clothing that allows for unrestricted movement
- Wear thin socks or stockings, (no ankle socks please)
- Helmets and gloves are recommended for beginner level skaters
- Make sure skates are tied and fit properly before stepping on ice. A nice snug fit and a boot that is tied up properly is always a good bet.
- Private and semi-private lessons are available during any of our public session hours (prices do not include admission or skate rental fee)
15 min- \$20 (only 1 student)
20 min- \$25 (2 students \$35)
30 min- \$35 (2 students \$50)

For more information please feel free to call our skate school at (516) 746-1100 (ext. 6)